

1st Response syllabus

Unless otherwise stated (as identified by * or **) items can be delivered in a theoretical way, using trainer delivered or video content.

Items identified with * can be delivered in either theory or practical methods, recognising that a variety of factors may make this not possible, where possible practical activities would be encouraged.

Items identified with ** must be demonstrated practically by the participants (although those who are not able to do this may instruct others in doing the skill), and with a combination of trainer delivered, video and practical teaching methods to aid with learning.

	Session in 1 st Response Course
<p><u>Life Support</u> Demonstrate their knowledge of</p> <ul style="list-style-type: none"> a) Use of AED (automated external defibrillator) * b) Choking * c) Causes and level of unresponsiveness d) Recovery / safe airway position * 	1
<p><u>Life Support</u> Demonstrate (or instruct a trainer) your skill in performing and your knowledge of</p> <ul style="list-style-type: none"> a) Approach and assessment ** b) CPR for an adult ** c) CPR for a child ** 	1
<p><u>Trauma and injury</u></p> <ul style="list-style-type: none"> • Shock • Bleeding* • Fractures and sprains * • Head injury • Dental incidents • Burns 	2
<p><u>Major Illness</u></p> <ul style="list-style-type: none"> • Asthma • Anaphylaxis * • Heart attack • Stroke • Seizures • Diabetes • Sepsis/Meningitis <p>Note: Anaphylaxis can have some practical delivery should qualified individuals be available to assist with the practical demonstration of the use of adrenaline auto-injectors.</p>	3